



Summer Menu

BREAKFAST
7am – 11am

FROM THE BAKEHOUSE CART

*Warm Grains, Prairie Fields,
and Slow-Fermented Traditions
Rotating Morning Breads & Pastries*

Pain au Chocolat 8
Butter Croissant 6
Wild Blueberry
And Apple Danish 10
Saskatoon Berry Muffin 6

Preserves From Field & Hive

Alpine Honey,
House Preserves
(Haskap, Blueberry, Apricot),
Cultured Butter

FROM THE RANGE & GRIDDLE

FARMSTEAD OMELETTE 28

Free-range Eggs, Alpine Cheese,
Mushroom, Caramelized Onion,
Herbs, Roasted Potatoes

CLASSIC BREAKFAST 30

Eggs Your Way, Bacon,
Maple Pork Sausage, Roasted Potatoes,
Baked Beans, Sourdough

BUTTERMILK PANCAKES 22

Honey Butter, House Granola

BRIOCHE FRENCH TOAST 26

Blueberry, Lemon Curd, Mascarpone

ROAST HAM BENEDICT 28

Roasted Potatoes, Béarnaise,
English Muffin

FROM THE LARDER & HEARTH

PLANT-FOCUSED BREAKFAST BOWL 26

Tofu, Kale, Mushroom, Sundried Tomato,
Sweet Potato, Sourdough

BROME LAKE DUCK 30

Poached Eggs, Leek, Sweet Potato, Bitter
Greens, Honey Mustard Vinaigrette

BREAKFAST SANDWICH 24

Soft Scramble, Bacon, Tomato Aioli,
Chives, Brioche, Roasted Potatoes

AVOCADO TOAST 22

Ricotta, Dill, Cucumber,
Everything Spice, Sourdough
+ Cold Smoked Salmon 8

FROM THE ORCHARDS
& FIELDS

MAPLE & GRAIN
PORRIDGE 16

Steel Cut Oats, Quinoa,
Walnut, Apple Butter

LEMON & ALPINE HONEY
YOGURT BOWL 18

Saskatoon Berry Compote,
Seed Granola

BIRCHER MUESLI 16

Pear, Pecan, Date

FRUIT & BERRY BOWL 18

Chamomile, Alpine Honey, Seeds

GREEN MACHINE
SMOOTHIE 14

Apple, Banana, Ginger, Coconut,
Kale, Oat Milk, Spirulina

WILDBERRY SMOOTHIE 14

Haskap, Blueberry, Chia, Yogurt,
Alpine Honey, Apple

FROM THE PANTRY
- SIDES -

PROTEINS 8

Applewood Smoked Bacon,
Maple Pork Sausage or
Chicken Tarragon Sausage

SOURDOUGH TOAST 5

Cultured Butter

ROASTED POTATOES 5

SEASONAL BERRIES 10

AVOCADO 8



THE NOURISHING START

56

- Course 1 -

Fruit and Berry Bowl
or
Maple and Grain Porridge

- Course 2 -

Salmon & Avocado Toast
Ricotta, Dill,
Cucumber, Sourdough

- Beverage -

House Juice and Coffee or Tea

FROM THE CUP
AND PRESS

SINGLE ESPRESSO 5

DOUBLE ESPRESSO 6

ESPRESSO CLASSICS 7

Cappuccino, Flat White,
Mocha or Latte

BREWED COFFEE 5

HOUSE TEA 5

Earl Grey, Breakfast, Peppermint,
Chamomile, Jasmine Green or Mountain Berry

HOUSE JUICE 5

Orange or Grapefruit

WELL PRESSED JUICE 10

C Well (Carrot, Orange, Lemon, Turmeric),
Be Well (Carrot, Apple, Beet, Lemon, Ginger),
or Greens (Apple, Spinach, Kale,
Celery, Lemon, Ginger)

Consuming raw or undercooked foods may increase your risk of foodborne illness.